

Sponsored by ANCFS

# Cooking Classes

DATES

Feb 18, Mar 18,  
Apr 15, May 13



TIME

4:00 - 8:00 PM

Rides will be provided for those within Thunderchild First Nation 13 & under must be accompanied by an adult to participate

To register please call:  
Thunderchild Wellness Centre  
306 845 5560

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Sponsored by ANCFCS



CRYSTALS

# Beading Sessions

EVERY  
Thursday & Friday



TIME  
4:00 - 8:00 PM

Snacks and Refreshments will be provided

Rides will be provided for those within  
Thunderchild First Nation  
13 & under must be accompanied by an  
adult to participate

To register please call:  
Thunderchild Wellness Centre  
306 845 5560

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ANCEFS

HEARTBEAT OF THE DRUM

# Drum Making

DATES  
February 15th  
March 25th



TIME  
1 - 5pm  
4 - 8pm

Thunderchild Wellness Centre

To register please call:  
Thunderchild Wellness Centre  
306 845 5560

Rides will be provided for those  
within Thunderchild First Nation  
13 & under must be accompanied  
by an adult to participate



Sponsored by  
**ANCFS**

FINDING YOUR VOICE

# Rounddance Singing

DATES



March 4th  
March 11th  
April 1st



TIME

5 - 8PM

To register please call:  
Thunderchild Wellness Centre  
306 845 5560

Rides will be provided for those  
within Thunderchild First Nation  
13 & under must be accompanied  
by an adult to participate



Sponsored by  
**ANGFS**

# Rattle Making

## DATES

March 10th  
March 24th



## TIME



4 - 8PM

To register please call:  
Thunderchild Wellness Centre  
306 845 5560

Rides will be provided for those  
within Thunderchild First Nation  
13 & under must be accompanied  
by an adult to participate

Sponsored by  
**ANGFS**

RAVENS

# Wahpahkesis Modelling

DATE  
March 30th



TIME  
11AM-3PM

JOIN US FOR A DAY OF INSPIRATIONAL SPEAKING BY  
INDIGENOUS MODELS IN DIFFERENT INDUSTRIES; BUILD A  
PORTFOLIO AND NETWORK!

**OPEN TO AGES 16+**

(16 AND UNDER MUST HAVE A PARENT/GUARDIAN TO FILL A PERMISSION FORM -  
MINIMUM AGE IS 11 YEARS OF AGE)

To register please call:  
Thunderchild Wellness Centre  
306 845 5560

Rides will be provided for those within  
Thunderchild First Nation  
13 & under must be accompanied by an  
adult to participate



CRYSTALS

# Woman to Woman Social Sundays

DATE

February 15  
February 22  
March 8  
March 15



TIME



1 - 4 PM

Women's Social Sundays is a program for women and girls to come together, to learn, and share knowledge on womanhood & sisterhood. This program is aimed at bringing the women of the community to come together to share and learn the basic's of woman's self-care and women's personal needs.

To register please call:  
Thunderchild Wellness Centre  
306 845 5560

Rides will be provided for those within  
Thunderchild First Nation  
13 & under must be accompanied by an  
adult to participate

**1<sup>ST</sup> ANNUAL**

# **ANTI-GANG AWARENESS**

**FEBRUARY 27<sup>TH</sup> 9AM-5PM  
THUNDERCHILD WELLNESS CENTRE**

**OPEN TO EVERYONE**

**9-930AM  
OPENING REMARKS**

**930AM-11AM  
SAFER SCHOOLS TOGETHER - ROB RAI &  
JOHNATHON MUBANDA**

**11AM-12PM  
STR8 UP**

**12PM-1PM  
LUNCH BREAK**

**1PM-2PM  
NATE DIAZ**

**2PM-3PM  
SAGE DOXTATER**

**3-5PM  
NORTHSIDE BABY PERFORMANCE**


**FEAT. SAGE DOXTATER  
TORONTO ARGONAUTS**

**PERFORMANCE BY  
NORTHSIDE BABY**

**MC CREESON AGE COUTAY**

**BETTY-ANNE - PREVENTION  
OFFICE: 306-845-4300  
CELL: 639-895-0541**





1<sup>ST</sup> ANNUAL

# ANTI-GANG AWARENESS

## CALL-OUT TO VENDORS

FEBRUARY 27<sup>TH</sup> 9AM-5PM  
THUNDERCHILD WELLNESS CENTRE

\$50/TABLE

CALL:

306-845-5560

OR

EMAIL:

[TWC@RECREATIONEXCELLENCE.COM](mailto:TWC@RECREATIONEXCELLENCE.COM)



# DROP-IN BASKETBALL

WEDNESDAYS  
4:30 - 8:00PM

STARTS: OCTOBER 1ST

@THUNDERCHILD WELLNESS

EVERYONE IS WELCOME

Forever...



# Forever... in motion

Physical activity program  
for older adults age 55+

\$5 per  
session



Socialize with others

Endurance Exercise

Strength & Balance

Fall prevention Exercise

Every Monday 10-11 am

First Session on December 1<sup>st</sup>

Thunderchild Wellness Center

-Event hall

Coffee & Snacks available



# GOALTENDING & DEVELOPMENT

THUNDERCHILD WELLNESS CENTRE

4TH GOALIE CAMP WITH JEFF!

CAMP ALWAYS FILLS UP - GET REGISTERED!!

**\$275/GOALIE**

4 Hours of on Ice Training

Immediate video feedback during each session



**JEFF BOSCH:**

- U of S men's hockey team goalie/assistant coach
- 15 years of goalie coaching experience, having worked with goalies of all levels from beginners to the NHL
- Former WHL and minor pro goaltender

**FEBRUARY 18<sup>TH</sup> & 19<sup>TH</sup>, 2026**

Etransfer: [twcreeeivables@thunderchild.ca](mailto:twcreeeivables@thunderchild.ca)

Email: Name, Age & phone number to:

[twc@recreationexcellence.com](mailto:twc@recreationexcellence.com)

# MENS VOLLEYBALL LEAGUE



**TUESDAY 7-10PM**

REGISTER YOUR TEAMS BY EMAIL:  
**DWALKINGBEAR@RECREATIONEXCELLENCE.COM**

DEADLINE: **SEPTEMBER 30TH**  
LEAGUE STARTS: **OCTOBER 7TH**  
**@THUNDERCHILD WELLNESS**

**EVERYONE IS WELCOME**



# THUNDERCHILD WELLNESS CENTRE

2<sup>ND</sup> ANNUAL



## REC HOCKEY TOURNEY & 50+ HOCKEY TOURNEY



MARCH 14<sup>TH</sup> & 15<sup>TH</sup>, 2026

2 Separate Divisions for Open Rec Tourney  
& Open 50+ Tourney

### IN MEMORY OF: GEORGE "SHORTY" SANGREY, DAN THUNDERCHILD & JOE JIMMY

GET YOUR TEAM NAME ON OUR  
ANNUAL TROPHY!  
CASH PRIZES AND APPAREL



To Register:

Email [twc@recreationexcellence.com](mailto:twc@recreationexcellence.com)

Etransfer: [twcreceivables@thunderchild.ca](mailto:twcreceivables@thunderchild.ca)

Spot only held with full payment



**\$500/Team Entry  
Fee**

# WOMENS VOLLEYBALL LEAGUE



THURSDAY 7-10PM

REGISTER YOUR TEAMS BY EMAIL:  
[DWALKINGBEAR@RECREATIONEXCELLENCE.COM](mailto:DWALKINGBEAR@RECREATIONEXCELLENCE.COM)

DEADLINE: OCTOBER 2ND

LEAGUE STARTS: OCTOBER 9TH  
@THUNDERCHILD WELLNESS

EVERYONE IS WELCOME



# YOUTH VOLLEYBALL LEAGUE



**MONDAYS 4-6PM**

AGES 12-18

STARTS: SEPTEMBER 8TH  
@THUNDERCHILD WELLNESS

**EVERYONE IS WELCOME**

